

FRESNO COUNTY DEPARTMENT OF BEHAVIORAL HEALTH - OUTCOMES

PROGRAM TITLE: Violet Heintz Education Academy (VHEA)

PROVIDER: Department of Behavioral Health (DBH)

PROGRAM DESCRIPTION: This is a collaborative program for youth who are involved in the Juvenile Justice System and is located at a school site. The program offers students education provided by Fresno County Office of Education, substance abuse counseling by West Care and mental health treatment provided by DBH. All youth who receive services at the Day Reporting Center are involved with Juvenile Probation and are court-ordered or otherwise referred for mental health services. The program is staffed with 1 Mental Health Clinician and 1 Community Mental Health Specialist. The program focuses on achieving the following goals: (1) reduction in crisis services (CSU visits), (2) reduction in inpatient psychiatric hospitalization, and (3) improve in the following life functioning areas: family, academic performance, school behavior, school attendance, social functioning, and living.

PROGRAM DEMOGRAPHICS FOR JANUARY 2014 – JUNE 2015

- A total of 132 clients received services
- Language: 116 English (88%), 9 Spanish (7%), Hmong 1 (1%), 4 Other (3%), 2 Unknown (2%)
- Race: 73 Hispanic (55%), 19 Caucasian (14%), 20 African American (15%), and of the remaining 20 (16%) of the following: 2 Native American, 6 Asian/Pacific Islander, 3 Other, 10 Unknown
- Gender: 27 Female (20%), 105 Male (80%)

☒ Children
☐ Adult

☒ TAY
☐ Older Adult

DATES OF OPERATION: July 22, 2006 - Current

DATES OF DATA REPORTING PERIOD: Jan 2014 – Jun 2015

FRESNO COUNTY DEPARTMENT OF BEHAVIORAL HEALTH - OUTCOMES

OUTCOME GOAL

This reporting period captures program process outcomes and effectiveness. Data was pulled at different times from Avatar and numbers may vary due to corrections, edits, etc. made in Avatar by staff.

1. Client count-Increased % of clients served by 17.6% for the period of January 2015 to June 2015 compared to the previous 6 month period.
2. Service Count-Increased 26.4% for the period of January 2015 to June 2015 compared to the previous 6 month period.
3. Crisis services-Decreased by 83% the number of clients seen by crisis service providers for the period of January-June 2015 compared to previous 6 months.
4. Hospitalization-Decreased number of clients serviced by hospitals at every 6 month period.
5. Wait time- Decreased wait time by 52% between assessment and first services for the period of July to December 2014 from the previous 6 month period and again by 2% from January to June 2015 from previous 6 month period
6. All served clients received primarily therapy services and case management.

**Client count, service count, wait time by program and proportion of services data was pulled from Avatar in 07/2015*

OUTCOMES DATA

Client Count	Jan-Jun 2014	Jul-Dec 2014	% Increase/ Decrease	Jan-Jun 2015	% Increase/ Decrease	Total # Unique Clients
Violet Heintz Education Academy (VHEA)	80	34	-57.5%	40	17.6%	132
CMH Division Total	3459	2872	-17.0%	2546	-11.4%	6755
CMH Division Total Average	314	287	-8.7%	255	-11.4%	614

Service Count	Jan-Jun 2014	Jul-Dec 2014	% Increase/ Decrease	Jan-Jun 2015	% Increase/ Decrease	Total
Violet Heintz Education Academy (VHEA)	189	174	-7.9%	220	26.4%	583
CMH Division Total	22,877	20,371	-11.0%	19,428	-4.6%	62,676
CMH Division Average	2080	2037	-2.0%	1943	-4.6%	5698

**Crisis Services	Jan-June 2014	Jul-Dec 2014	% Increase/ Decrease	Jan-Jun 2015	% Increase/ Decrease	Jan 14-Jun 15 Total
# of Clients w/Crisis Services	6	6	0%	1	-83%	20
# of Clients with recurrence of crisis services	3	2	-33%	0	-100%	9

***Crisis services were pulled from CCAIR visits from 01/01/2014 through May 2015. Data was also pulled from Exodus cost center 21101 and 211Y. This data was pulled on September 22, 2015 and reflects real time data. Crisis reoccurrence is defined as more than one 23 hour period visit at those locations.*

*** Data was broken down by 6 months and reflects crisis services for the youth receiving services and crisis within only those months. Data for the whole 18 month period will capture clients who were served within the 18 months as well as received a crisis services in the 18 months. This is the reason the number is higher than each of the 6-month periods.*

FRESNO COUNTY DEPARTMENT OF BEHAVIORAL HEALTH - OUTCOMES

+Hospitalization	Jan-June 2014	Jul-Dec 2014	% Increase/Decrease	Jan-Jun 2015	% Increase/Decrease	Jan 14-Jun 15 Total
# of Clients Hospitalized	3	1	-67%	0	-100%	5
# of Days of Hospitalization	41	8	-80%	0	-100%	73
# of Clients with more than one consecutive period of hospitalization	0	0	-	0	-	2

+ This data was pulled on September 22, 2015 and reflects real time data. Client counts may have changed due to Avatar corrections. Data was pulled from Crestwood PHF, Central Star PHF, and hospitals in Avatar.

+ Data was broken down by 6 months and reflects # of clients hospitalized from the youth served within those same months. Data for the whole 18 month period will capture clients who were served within the 18 months and were hospitalized within the 18 months. This is the reason the number is higher than each of the 6-month periods

Wait Time By Program (Days): Avatar Report Wait time from *assessment to first service. Medical service is meds services, crisis services and psychiatrist services. Non-medical services all other codes. This report excludes notes to chart, cancellations, and no shows	January-June 2014			July-December 2014				January-June 2015			
	Medical Service	Non-Medical Service	Combined	Medical Service	Non-Medical Service	Combined	% Increase/Decrease	Medical Service	Non-Medical Service	Combined	% Increase/Decrease
Violet Heintz Education Academy (VHEA)	148	28	176	64	20	84	-52%	67	16	83	-2%
CMH Division Average	83	24	108	62	18	80	-26%	31	9	41	-49%

*Assessment completed in this program.

FRESNO COUNTY DEPARTMENT OF BEHAVIORAL HEALTH - OUTCOMES

Proportion of Services (Avatar)	January-June 2014										
	Assessments	Case Management	Collateral	Crisis Services	Placement	Plan Development	Rehab	Therapy	Med Services	Day Treatment Services	Total
Violet Heintz Education Academy (VHEA)	2.12%	86.77%	7.41%	1.06%	0.00%	1.06%	1.59%	0.00%	0.00%	0.00%	100.00%
CMH Division Average	6.85%	17.06%	6.74%	6.52%	0.01%	7.76%	8.69%	40.95%	2.13%	3.29%	100.00%

Proportion of Services (Avatar)	July-December 2014										
	Assessments	Case Management	Collateral	Crisis Services	Placement	Plan Development	Rehab	Therapy	Med Services	Day Treatment Services	Total
Violet Heintz Education Academy (VHEA)	9.77%	39.66%	7.47%	2.30%	0.00%	5.17%	10.34%	25.29%	0.00%	0.00%	100.00%
CMH Division Average	5.63%	17.17%	6.24%	6.61%	0.02%	6.75%	7.76%	44.22%	2.41%	3.19%	100.00%

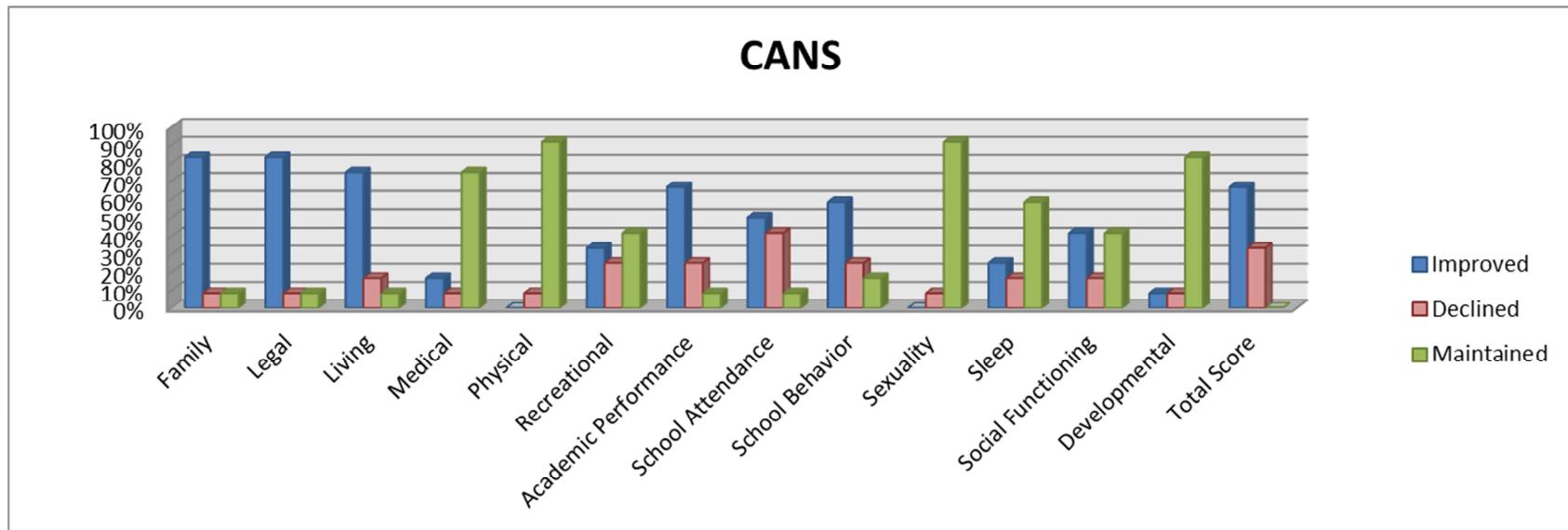
Proportion of Services (Avatar)	January-June 2015										
	Assessments	Case Management	Collateral	Crisis Services	Placement	Plan Development	Rehab	Therapy	Med Services	Day Treatment Services	Total
Violet Heintz Education Academy (VHEA)	3.18%	39.55%	9.09%	2.27%	0.00%	1.82%	10.91%	33.18%	0.00%	0.00%	100.00%
CMH Division Average	5.77%	17.36%	5.87%	5.25%	0.01%	6.54%	7.26%	47.72%	1.38%	2.86%	100.00%

FRESNO COUNTY DEPARTMENT OF BEHAVIORAL HEALTH - OUTCOMES

OUTCOME GOAL

Program outcomes are measured using the Child and Adolescent Needs and Strengths, Ages 5+ (CANS) instrument in the area of “Life Domain Functioning.” It is administered upon entry into the program based on behaviors prior to services, every six months and at discharge. Data on CANS was pulled for January 2014-June 2015 and 12 matched pairs were found.* Matched pairs include CANS assessments completed six months prior to January 2014, if a second CANS assessment was completed in our 18 month data reporting period. The goal is for clients to improve in all life domains. Below we have highlighted a few domains: family, academic performance, school behavior, school attendance, social functioning, and living.

**Number of matched pairs found was impacted by staff changes as new staff acclimated to the program.*

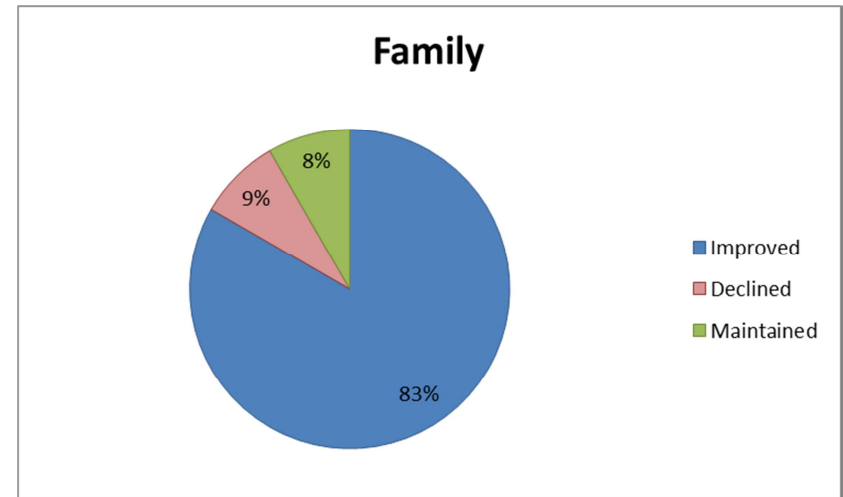


FRESNO COUNTY DEPARTMENT OF BEHAVIORAL HEALTH - OUTCOMES

CANS Family Relationship Domain:

Family relationships will improve – Improvement in the client's relationship with family members and the extent there are problems (i.e., frequent/constant arguing, negative relationships, domestic violence, etc.)

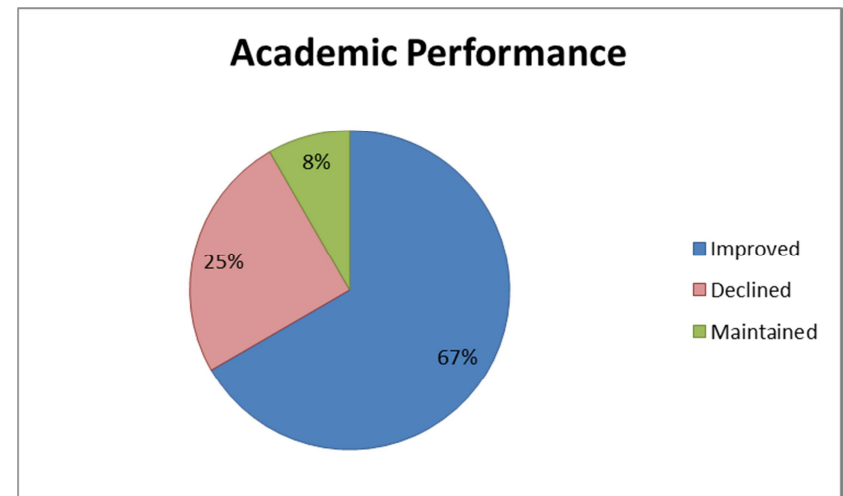
- 83% of clients showed an improvement in family relationships.
- 8% maintained family relationships while in the program.
- 9% showed a decline in family relationships.



CANS Academic Performance Domain:

Academic performance will improve – Improvement in the client's achievement at school and the extent there are problems with achievement (i.e., struggling or failing some subjects, falling behind same age peers, etc.)

- 67% of clients showed an improvement in academic performance.
- 8% maintained academic performance while in the program.
- 25% showed a decline in academic performance.

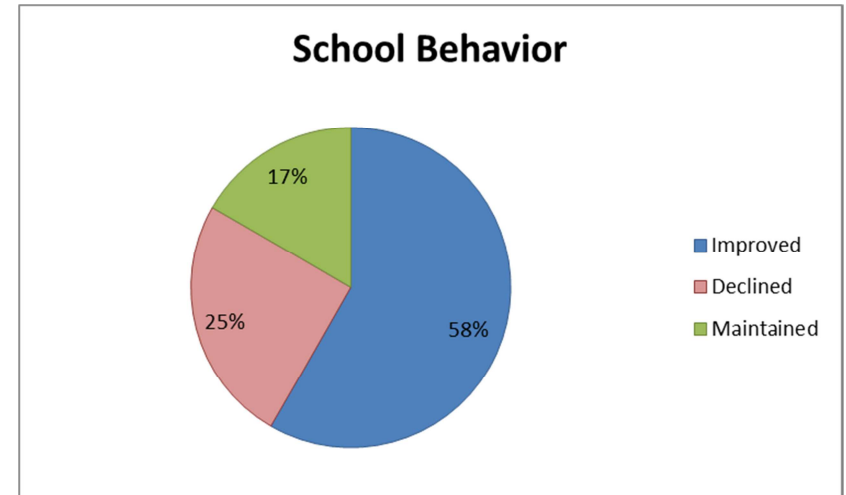


FRESNO COUNTY DEPARTMENT OF BEHAVIORAL HEALTH - OUTCOMES

CANS School Behavior Domain:

School behaviors will improve – Improvement is measured by comparing the client's behaviors and its impact at school such as classroom disruptions, sanctions that may include suspensions or severe behavioral problems that may jeopardize school placement.

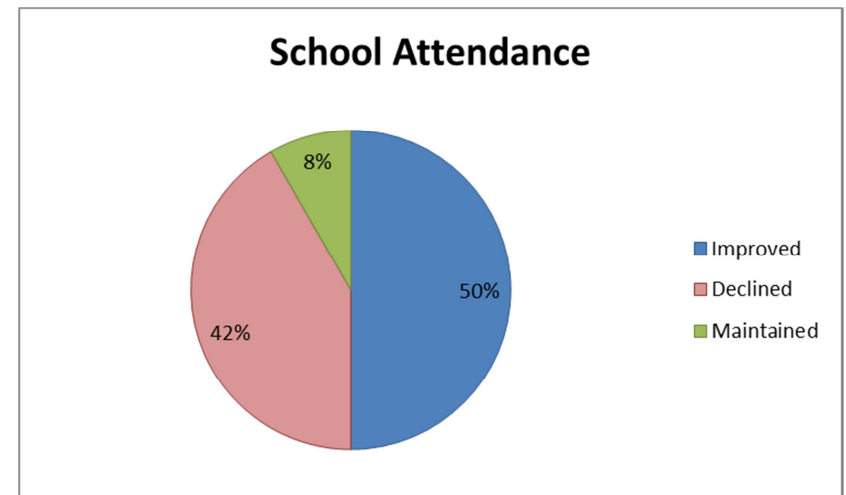
- 58% of clients showed an improvement in school behavior.
- 17% maintained school behavior while in the program.
- 25% showed a decline in school behavior while in the program.



CANS School Attendance Domain:

School attendance will improve – Improvement is measured by comparing the client's program attendance to attendance prior to entering the program.

- 50% of clients showed an improvement in school attendance.
- 8% maintained school attendance while in the program.
- 42% had a decline in school attendance while enrolled in the program.



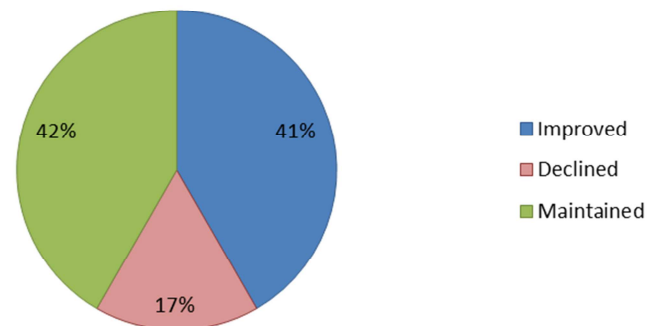
FRESNO COUNTY DEPARTMENT OF BEHAVIORAL HEALTH - OUTCOMES

CANS Social Functioning Domain:

Social functioning will improve – Improvement is measured by comparing the client's ability to have meaningful relationships with peers, friendships and socialization while at school and in the community.

- 41% of clients showed an improvement in social functioning.
- 42% maintained social functioning while in the program.
- 17% declined in social functioning.

Social Functioning

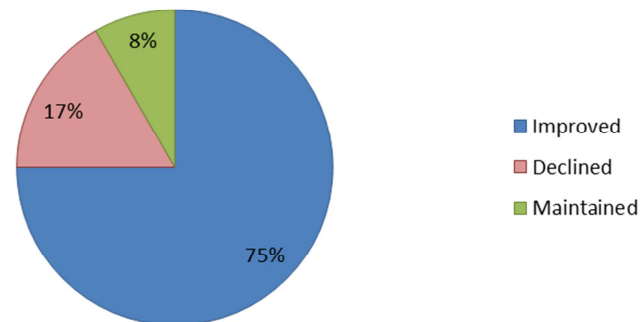


CANS Living Situation Domain:

Living situation will improve – Improvement in the client's living situation and the extent there are problems (i.e., caregiver's concerns, disruptive behaviors, conflict with others in the residence, etc.)

- 75% of clients showed an improvement in their living situation.
- 8% maintained their living situation while in the program.
- 17% showed a decline in their living situation.

Living



FRESNO COUNTY DEPARTMENT OF BEHAVIORAL HEALTH - OUTCOMES

DEPARTMENT RECOMMENDATION(S): The Department recommends continuing funding for the Violet Heintz Education Academy (VHEA) program for FY 2015-16.